### Instant air purification.

The important role of air filtration units in shared spaces



## Ensure staff, colleague and customer safety.

The COVID-19 pandemic has reinforced the importance of the fundamental pillars of infection prevention and control (IPC), such as hand washing and environmental decontamination. However, we now look towards the role of ventilation within IPC, given the fact poorly ventilated spaces may increase the risk of transmitting airborne pathogens such as SARS-CoV-2<sup>1</sup>.

Ventilation is one example of where we have seen significant changes and tweaks to elements of IPC guidance in the past two years, highlighting the challenges employers and IPC teams across the world face from the constantly evolving threat posed by infectious microorganisms.

Air filtration units offer an excellent solution to help overcome poor ventilation in business settings.

Explore this e-book to understand the role of air filtration and airflow, and learn more about reducing levels of contamination in the air. We'll also demonstrate how air filtration units like Rediair can help tackle the challenges of poor ventilation in a business environment.

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#### **HOW INFECTION SPREADS**

#### Aerosols and droplets

We constantly release bacteria, viruses and fungi into the air around us. Pathogens like *Mycobacterium tuberculosis*, influenza, respiratory syncytial virus and coronaviruses are found in droplets and aerosols expelled when their host talks, coughs or even breathes<sup>2-5</sup>.

**Droplets** are particles above 5 micrometres (µm) in diameter that typically settle within 2 metres.

**Aerosols** are smaller particles (below 5µm) that remain airborne longer and spread over large distances.

Droplet and aerosol emission varies from person to person<sup>6</sup>, but as we know they're released by both symptomatic or asymptomatic people<sup>7</sup>.

30 seconds of speaking produces more viable aerosols than a cough<sup>8</sup>.

For more information, a product demonstration or advice on how you could implement Rediair in your organisation

#### The problem of poor ventilation

Poor ventilation allows infectious microorganisms to survive in the air much longer<sup>9-11</sup>. This causes larger droplets to evaporate down in size to become 'droplet nuclei' – small airborne particles the size of aerosols (figure 1). That means poor ventilation allows 'droplet' organisms such as coronaviruses, *Pseudomonas spp.*<sup>12</sup> or norovirus<sup>13</sup> to become airborne and spread over much greater distances<sup>14-16</sup>.

The WHO advises that, in cases of poor ventilation, 'droplet' pathogens can spread via airborne routes<sup>1</sup>.

### Common 'droplet' precaution infections (>5µm)

Influenza, coronaviruses (including SARS-CoV-2), diphtheria, mumps, pertussis, *Meningococcus spp.*, measles, RSV, adenovirus.

### Common 'aerosol' precaution infections (<5µm)

Mycobacterium tuberculosis, Aspergillus spp., Streptococcus pneumoniae.

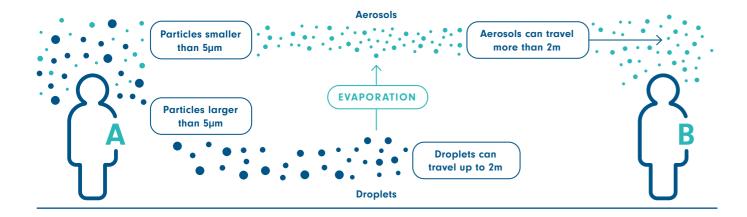


Figure 1. Adapted from Otter et al<sup>17</sup>. In poorly ventilated spaces, large droplets (>5µm) can partially evaporate to become smaller, airborne droplet nuclei (<5µm). Both droplets and aerosols are capable of infecting hosts directly or indirectly (by seeding inanimate surfaces)<sup>9-11,18</sup>.

#### REDIAIR

An instant solution to improve ventilation and remove airborne pathogens. Our dual-intake filtration system allows Rediair to ventilate bigger spaces with a smaller form factor.



## Traps 99.995% of particles

Rediair uses two advanced composite HEPA 14 & carbon filters to trap incredibly small particles – 10x more effective than domestic HEPA 13 filters.



#### **Ultra** quiet

Rediair's dual fan system means it can operate with lower fan speeds and produce less noise than single fan units.



## High clean air delivery rate

Dual-intakes eliminate dead spaces and deliver up to 600m<sup>3</sup> of clean air every hour, ventilating rooms up to 120m<sup>3</sup>.\*

\*A single Rediair unit provides up to 5 Air Changes per Hour (ACH) in a room with a volume of 120m<sup>3</sup>.

#### **UNDERSTANDING FILTRATION**

Rediair uses HEPA and carbon filtration to remove odours, allergens and airborne pathogens.

#### What is HEPA filtration?

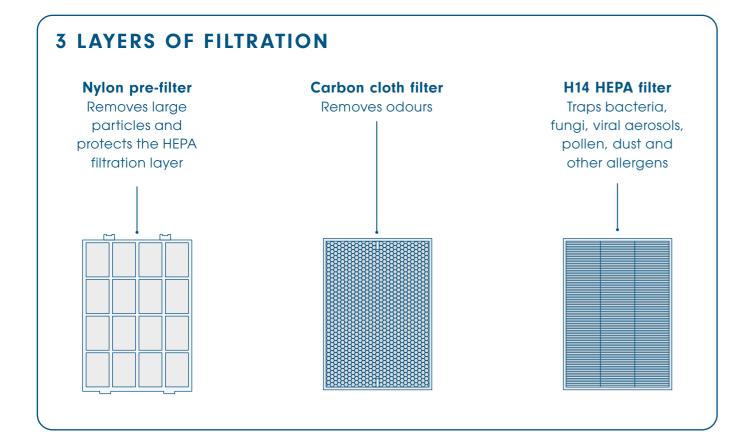
High Efficiency Particulate Air (HEPA) filters trap very fine particles from any air that passes through them. HEPA filters are classified according to the percentage of particles they trap. Each of the two H14-class HEPA filters in Rediair captures 10x more particulates than standard H13 filters.

#### Why is filtration important?

Researchers in Sweden found their mechanical ventilation system, without HEPA filters, transported viral material over 50 metres<sup>16</sup>.

Mechanical ventilation systems can help spread pathogens over large distances if they don't feature adequate filtration.

HEPA filtration systems, like Rediair, remove airborne pathogens and increase air circulation.



HEPA 14 filters in Rediair remove 99.995% of airborne particles down to 0.3  $\mu$ m (micrometres) – small enough to trap individual bacteria, fungi and viral aerosols.

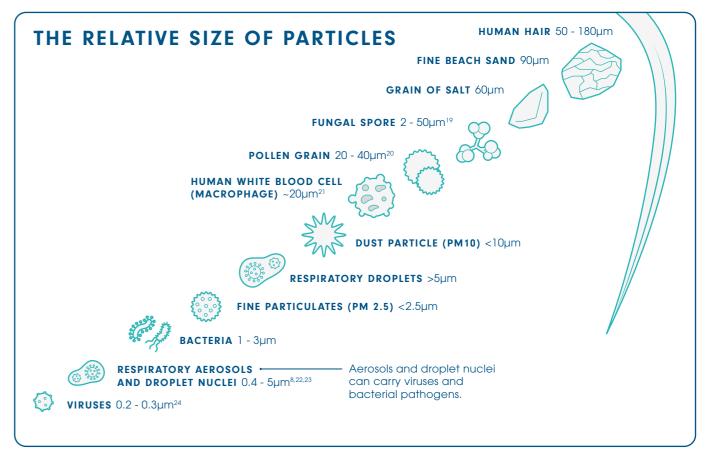


Figure 2. Typical diameters observed for common particles.

#### Viruses under 0.3µm

Whilst many viruses measure at least 1µm in diameter, some viruses can be smaller than 0.3µm<sup>24</sup>. However, viruses don't typically exist in this 'naked' state – naked viruses can quickly become inactivated on their own.

Instead, respiratory viruses spread via droplets and aerosols released when their host talks, coughs or breathes<sup>2-5</sup>. These droplets and aerosols are large enough to be trapped by the HEPA 14 filters inside Rediair.

#### REDIAIR IN PRACTICE

Rediair uses twin side intakes and 3 layers of filtration to produce an even reduction in airborne particles throughout a given space.

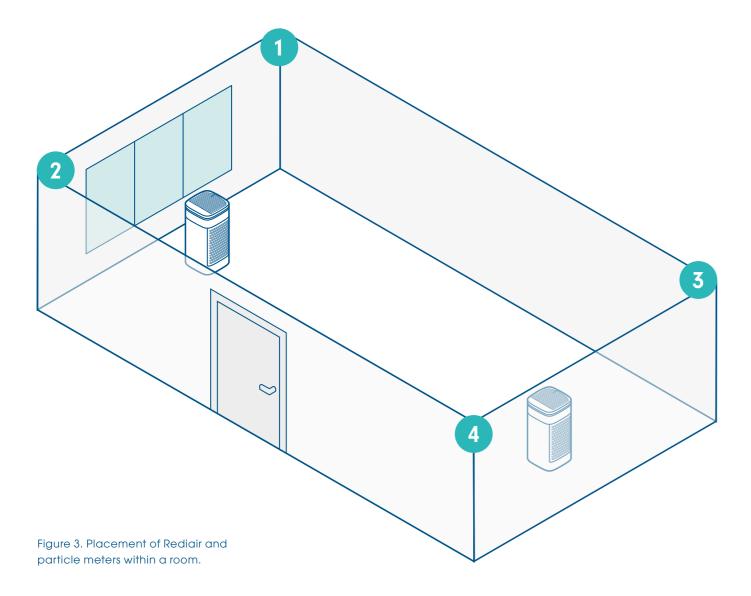
#### Removes 90% of airborne particles within 20 minutes

#### **Objectives**

Assess the action of Rediair in a room measuring 92.53m<sup>3</sup>.

#### **Methods**

Investigators placed two Rediair units in a room. To make sure Rediair produced a reduction throughout the whole room, particle meters were placed in all four corners. Air contamination was generated in each corner using cool burn smoke matches. All windows and doors were shut for the duration of the test, with 6 people remaining in the room throughout.



#### Results

Rediair produced a 90% reduction in particles within 20 minutes in all 4 corners of the room. As all corners saw a nearly uniform reduction curve, the investigators concluded that Rediair provided effective air filtration throughout the room.

	0 MIN	4 MIN	6 MIN	8 MIN	16 MIN	20 MIN	25 MIN	30 MIN
1	>9,999,999	>9,999,999	8,325,227	2,696,020	1,235,427	478,080	201,300	77,000
2	>9,999,999	>9,999,999	9,419,487	3,973,493	1,656,833	547,313	224,393	68,653
3	>9,999,999	>9,999,999	9,319,740	5,127,147	1,181,207	676,553	197,567	76,600
4	>9,999,999	>9,999,999	8,673,456	3,193,360	1,009,727	488,100	160,500	66,400

Table 1. Measurement of airborne particulate matter (0.3µm) in room corners at timed intervals (pieces/m³).

#### **Reduction of airborne particles**

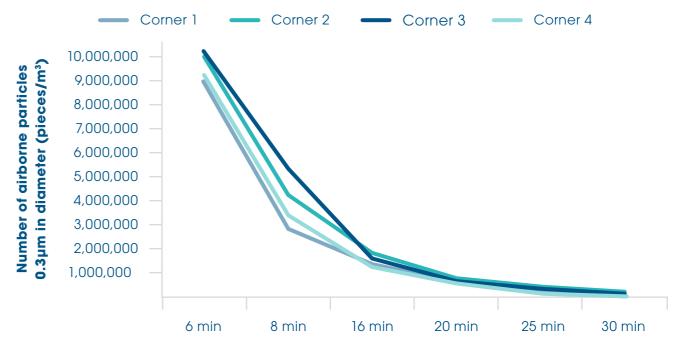


Figure 4. Reduction of particulate matter (0.3µm) in room corners at timed intervals.

For more information, a product demonstration or advice on how you could implement Rediair in your organisation

#### **UNDERSTANDING AIRFLOW**

When configuring your space, there are 3 important factors to consider: clean air delivery rate, room volume and target air changes per hour.

#### Why is Clean Air Delivery Rate (CADR) important?

CADR provides a much more useful metric than simple air flow rate – when comparing units you should always ask the manufacturer for the CADR, not the flow rate.

CADR is calculated based on how fast air flows through the filters and how effective those filters are. The CADR of a machine impacts the size of room it can be used in.

Units with a high air flow rate, but poor filtration efficiency, will result in a low CADR. Equally, units with highly efficient filtration but low flow rate will also feature a low CADR.

Rediair has a CADR of up to 600m<sup>3</sup> per hour.

#### What does Air Changes per Hour mean?

Many international bodies produce guidelines on ventilation expressed in Air Changes per Hour (ACH<sup>25, 26</sup>). ACH are a simple, practical way to estimate ventilation in a space. The CADR of your machine and the volume of your room determine your ACH.

## Clean Air Delivery Rate (m³/h) ÷ Room volume (m³) = Air Changes per Hour (ACH)

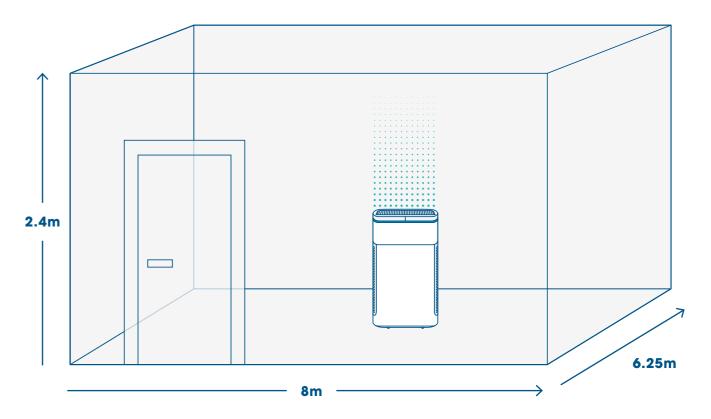
However, this doesn't mean all the air in the room is completely changed. Clean air mixes with air already in the room. At 5 ACH, assuming perfect air mixing, over 90% of the airborne contamination is removed after 30 minutes.

Air mixing applies to all ventilation systems – it's not unique to Rediair. That's why it's important to understand the recommended ACHs for your space (see page 15 for recommended ACHs by room type).

#### **Calculating room volume**

Room volume is a simple measurement. In rooms with parallel walls and flat ceilings, it's just a case of multiplying the room's width x depth x height. This will give you your room volume in metres cubed (m³).

From here, we can use the machine's Clean Air Delivery Rate to calculate the number of Air Changes per Hour in our space.



Room volume =  $8m \times 6.25m \times 2.4m = 120m^3$ Rediair Clean Air Delivery Rate (CADR) =  $600m^3/h$ Air Changes per Hour (ACH) =  $600m^3 \div 120m^3 = 5$  ACH

#### **Using multiple Rediair units**

For larger spaces, or for spaces requiring a very high number of air changes per hour, multiple Rediair units can be used.

To find out the number of Rediair units needed for your space, use our online calculator

UNDERSTANDING AIRFLOW 8 UNDERSTANDING AIRFLOW



Removes 10x more particles than domestic H13 air filters A single Rediair unit provides
effective ventilation for
rooms up to 120m<sup>3</sup>



After introducing portable HEPA filters the

inhaled dose of respiratory pathogens was reduced

by a factor of 6

Curtuis et al. Aerosol Sci Technol. 2021:55(5)<sup>27</sup>.

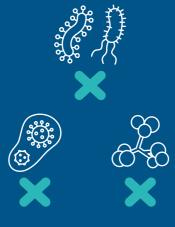


#### **Captures**

99.995% of particles

down to 0.3µm





Removes airborne bacteria, fungi and viral aerosols

#### Clears

90% of particles

within 20 minutes





Air filtration units have attracted significant attention with hospitals, GP surgeries and is the perfect addition to any organisation interested in reducing airborne particulates and keeping their staff & customers safe.

Emerging evidence is showing that air filtration can play a role in reducing contamination in the air and potentially reducing the risk of transmitting infectious microorganisms and harmful pathogens such as SARS-CoV-2.

Rediair is an excellent solution to the challenge of ensuring clean air in poorly ventilated spaces. Rediair offers:

#### • Staff, colleague & customer safety

Rapid decontamination thanks to its high spec. features like dual-intake filtration and HEPA 14 carbon composite filters.

#### Staff comfort

Noise levels, measured in decibels (dB), is a significant consideration when used in a shared space. Thanks to its unique design, Rediair keeps noise to a minimum.

#### Ease of use

Just plug in, turn on and Rediair starts trapping airborne contaminants right away. Its small form makes Rediair mobile and its outer surfaces easy to clean.

#### Peace of mind

GAMA Healthcare offers after-sales support, professional training and infection prevention guidance with a 12-month warranty.

#### Adaptable to any situation

Rediair has four different operating modes that begin to decontaminate the surrounding air within seconds.



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### FAQS

## What organisms have been shown to be transmitted through the air?

When we say 'transmission through the air', we typically mean organisms that can spread via aerosols: small, airborne particles less than 5µm in diameter. These particles are emitted when an infected or colonised host talks, coughs or breathes<sup>2-5</sup>. They're small enough to stay suspended in the air for hours<sup>8</sup> and can infect hosts via inhalation or contact with mucus membranes.

Additionally, when ventilation is poor, larger droplets (>5µm) can persist in the air much longer than normal<sup>9-11</sup>. Without adequate ventilation, 'droplet' organisms – such as coronaviruses – can spread through airborne routes<sup>14-16</sup>.

As a result, 'transmission through the air' can happen with a wide variety of pathogens, including bacteria, viruses and fungi. These include organisms that commonly infect the respiratory system (such as influenza, *Mycobacterium tuberculous* and *Pseudomonas* sp.<sup>12</sup>), organisms that affect the gut (such as norovirus<sup>13</sup>) and spore-forming fungi or yeasts (such as *Aspergillus spp.*<sup>28</sup> and *Candida auris*<sup>29</sup>).

For more information on droplet and aerosol pathogens, see the section on **understanding filtration (page 3)**.

## What is a HEPA 14 and how does it compare to others?

'HEPA' stands for 'High Efficiency Particulate Air'. HEPA filters are classed according to the percentage of particulates that they remove. The HEPA filters in Rediair are classed as 'H14', meaning they remove at least 99.995% of particles down to 0.3µm. That's small enough to trap allergens, individual bacteria, fungi and viruses within aerosols.

The HEPA 14 filters in Rediair trap 10x more particulates than an HEPA 13 filter – the filter class most commonly found in domestic air purifiers.

## Some viruses measure under 0.3µm in diameter, is Rediair able to remove these from the air?

Many viruses measure at least 1µm in diameter, however, some viruses can be smaller than 0.3µm. Although viruses don't typically exist in this 'naked' state – naked viruses can quickly become inactivated on their own.

Instead, respiratory viruses typically exist in the form of droplets and aerosols released when their host talks, coughs or breathes<sup>2-5</sup>. For example, in surrogate tests, influenza was found to be transmitted by aerosols larger than 1.5µm<sup>23</sup>. Another study concluded that, 1 hour after emission, nearly all airborne viruses were likely to lie in aerosols between 0.4µm and 4µm in diameter<sup>8</sup>.

These droplets and aerosols are large enough to be trapped by the HEPA 14 filters inside Rediair.

## What is the throughput of air through Rediair? Can you turn the units up or down?

Each Rediair unit has a Clean Air Delivery Rate (CADR) up to 600m³ per hour.

In manual mode, you can set the CADR to a fixed rate. Turbo mode fixes Rediair into the maximum CADR of up to 600m³/h. In auto mode, Rediair will monitor the concentration of particulates in the air and adjust the CADR in real time to maintain air quality.

## How does the machine determine that air quality is poor to automatically increase flow?

Rediair uses infrared refraction to measure the concentration of particulates in the air. Within Rediair, there's an infrared light and sensor that continually monitor particulate concentration.

As particulate concentration increases, it changes the way infrared light moves through the air. The sensor picks this up and Rediair converts this data into a reading of particulates under 2.5 micrometres (PM2.5). This information is displayed on the main Rediair control panel and via the colour-change LED strip. In auto mode, Rediair will adjust fan speed in real time, aiming to keep the concentration of PM2.5 under 50µg/m³.

Auto mode is the only mode in which Rediair will adjust fan speed automatically.

#### How noisy is the Rediair unit?

At 3 metres distance, Rediair produces between 22 and 66 decibels (A-weighted) depending on fan speed. These lie well below safe levels outlined by government bodies such as the UK's Health and Safety Executive or the USA's CDC.

In areas where noise is a concern, we recommend running Rediair in auto mode. This will automatically reduce the fan speed when the airborne particulate levels are under 50µg/m³ and, therefore, keep noise levels to a minimum. Equally, night mode reduces fan speed and turns off all system lights to allow for undisturbed sleep.

## How often do you need to change the filters?

The composite HEPA and carbon cloth filters in Rediair are rated for 3000 hours of continuous filtration. We recommend changing the filters every 3000 hours of use, or every 6 months, to keep your Rediair unit filtering as effectively as possible and to avoid placing undue stress on the fan motors.

Rediair will automatically notify you when the filter is due to be changed. When the 'filter' indicator lights up continuously red on the LCD touch panel, it's time to change the filters.

For a step-by-step guide on how to change the filters in your Rediair unit, see our online resources section at:

www.gamahealthcare.com/rediair

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### **FAQS**

# Where should I position Rediair to maximise air changes? What evidence do you have that you won't end up with very clean air in a small part of the room?

Every space is different but we recommend positioning Rediair away from any obstructions or natural 'dead spots' for air circulation. In rooms with existing mechanical ventilation, avoid placing Rediair where it may disrupt established airflows.

When using multiple Rediair units, space them as evenly around the room as possible

The dual side intakes and upwards output of Rediair is designed to encourage good air mixing. Rediair has been shown to reduce airborne particulates in the far corners of a room. See the section on **understanding filtration** (page 3) for more details.

## What does 'PM2.5' on top of the Redigir unit mean?

Rediair is equipped with a sensor to monitor the concentration of particulates in the air. Specifically, Rediair measures the concentration of particulates under 2.5µm (PM2.5). This information is displayed in the centre of the LCD touchscreen.

Rediair expresses PM2.5 concentration in micrograms per cubic metre of air (µg/m³).

Please note, some particulate meters will measure 2.5 in 'pieces/m³'. This will give a different reading than your Rediair unit, which displays PM2.5 concentration in µg/m³.

## Does Rediair have added UV? Does adding UV improve air filtration?

The antimicrobial properties of UV-C have been employed for disinfection of air, water and non-porous surfaces for some time. However susceptibility to UV-C depends on numerous factors including lamp intensity, distance and the type of microorganisms being assessed.

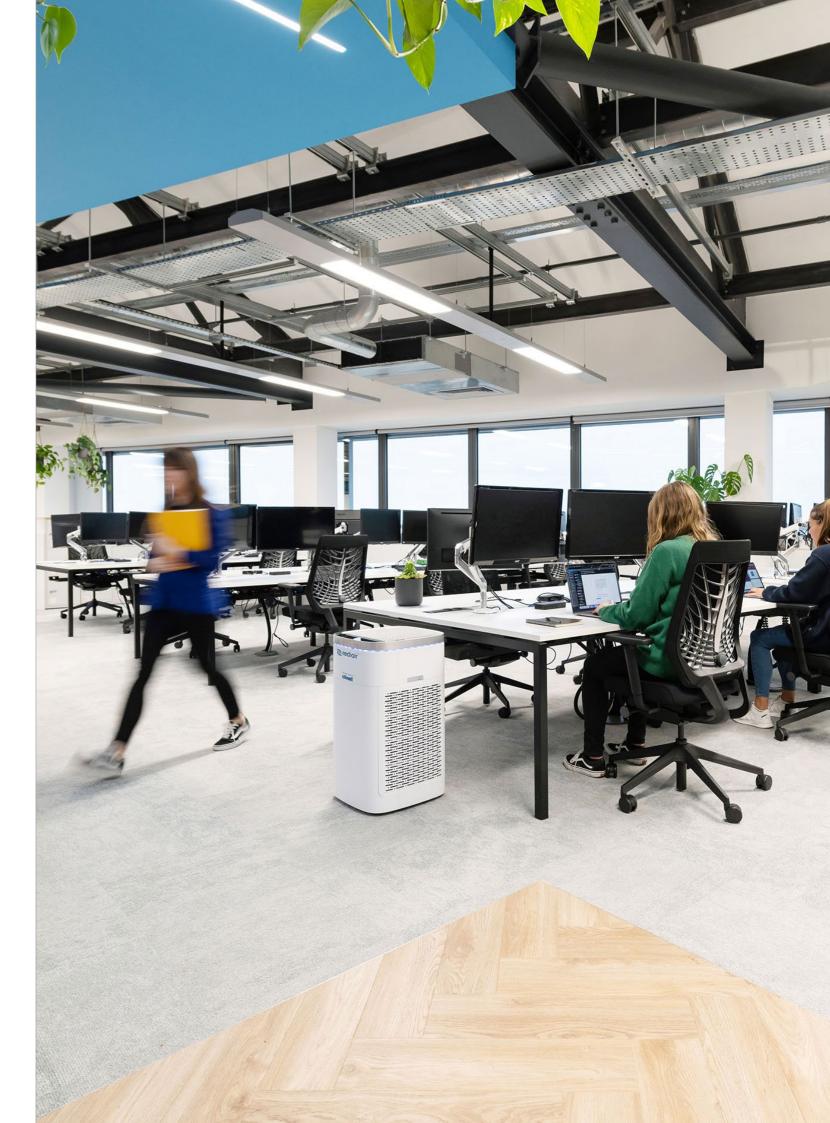
Killing of pathogens by UV radiation takes several minutes of contact time. This renders it ineffective in portable HEPA filters where several litres of air can pass through the machine every minute.

At a distance of only 3cm, UV-C and UV-A irradiation together took 3 minutes of exposure to kill just 99% of bacteria<sup>30</sup>. The HEPA 14 filtration in Rediair, by contrast, will remove over 100x more pathogens by air filtration alone.

A report published by the CDC, reviewed in 2019, concluded that UV could not be recommended as a substitute for HEPA filtration<sup>31</sup>. They also concluded that use of UV and HEPA filtration together offered minimal benefits over use of a HEPA filter alone<sup>31</sup>.

#### What is the warranty period?

Each Rediair unit comes with a standard 12 month warranty.



### REFERENCE TABLES

#### Recommended Air Changes per Hour (ACH)

For more information on ACH, see the section on understanding airflow (page 7).

ROOM TYPE	RECOMMENDED ACH <sup>25</sup>
Homes	0.35-1
Hotel rooms	1-2
Offices	2-3
Retail shops	2-3
Schools	5-6
Sports facilities	4-8
Restaurants	4-8

#### Estimated Air Changes per Hour (ACH) by room volume

Each Rediair unit has a Clean Air Delivery Rate (CADR) of 600m<sup>3</sup>/h. ACH can be calculated by dividing the room volume by the total CADR of units in the room. To find out the number of Rediair units needed for your space, use our online calculator at www.gamahealthcare.com/rediair

ROOM VOLUME	ESTIMATED ACH (WITH SINGLE REDIAIR UNIT)	ESTIMATED ACH (WITH TWO REDIAIR UNITS)
600m³	1	2
300m³	2	4
120m³	5	10
100m³	6	12
75m³	8	16
60m³	10	20

#### **Product details**

TECHNICAL SPECIFICATIONS	
CLEAN AIR DELIVERY RATE (CADR)	Up to 600m³
FILTER CLASS	2x HEPA 14 filters
PARTICLES FILTERED	99.995% removed down to 0.3µm
NOISE LEVEL	22-66 dB(A) at 3 metres distance
DIMENSIONS	400 x 400 x 669 mm
WEIGHT	15.1 kg

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or contact your local GAMA Healthcare Area Manager

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